

## March 2019 Fasting

### “Life in The Spirit”

(03/01/2019 to 03/07/2019)

- A Spirit led life is a prevailing life (victorious, proofs more powerful than opposing forces).
- Life in the Spirit is a sustainable way to get results in the kingdom.
- Results by the Spirit are guaranteed and are duplicable. A Spirit led life is not a life lived by chance.
- Results obtained by the Spirit cannot/should not be debated because it is an ultimate source.

03/01/2019

#### Romans 8:1 NKJV

*There is* therefore now no condemnation to those who are in Christ Jesus, who do not walk according to the flesh, but according to the Spirit.

#### Romans 8:1 AMP

Therefore there is now no condemnation [no guilty verdict, no punishment] for those who are in Christ Jesus [who believe in Him as personal Lord and Savior].

“...now...”

- At any given time “no condemnation” should be the order of the day (*There is* therefore **now** no condemnation...).
- John 3:17 NKJV - For God did not send His Son into the world to condemn the world, but that the world through Him might be saved.

### “...no condemnation...”

- Jesus was condemned in our place (Romans 8:33-34 NKJV - Who shall bring any charge against God's elect? It is God who justifies. Who is to condemn? Christ Jesus is the one who died—more than that, who was raised—who is at the right hand of God, who indeed is interceding for us).
- Condemnation is a product of guilt and punishment orientation. In Christ, our guilts and punishments have been resolved. He took them upon Himself and was nailed on the cross (Colossians 2:13-14).
- The Lord never points an accusing finger to His children. Neither will He do anything to make them feel guilty or punished. Every thought and feeling of accusation are from the devil. He is the accuser of the brethren (Revelation 12:10).
- Condition to walk in “no condemnation” is to walk according to the Spirit. “For as many as are led by the Spirit of God, they are the sons of God” (Romans 8:14N KJV).
- Walking in the flesh is the pathway to “condemnation”. The Hebrew word for “flesh” is “Sarx” (properly, *flesh* ("carnal"), merely *of human origin or empowerment*. ("flesh") is not always evil in Scripture. Nevertheless, in this context, it refers to making decisions (actions) *according to self* – i.e. done *apart from faith* (independent from *God's* in working). Thus, what is "*of the flesh (carnal)*" is by definition displeasing to the Lord – even things that *seem* "respectable!" In short, *flesh* generally relates to *unaided human effort*, i.e. decisions (actions) that originate from self or are empowered by self. This is *carnal* ("of the *flesh*") and proceeds out of the *untouched (unchanged)* part of us – i.e. what is *not* transformed by God ([www.biblehub.com](http://www.biblehub.com)).

### “...in Christ Jesus...”

- We are shielded in Christ Jesus from all the accusing arrows thrown by the accuser. To accuse is to charge (a person or persons) with some fault, offence, crime, etc; impute guilt or blame (Merriam Webster Dictionary).
- To be in Christ Jesus is to “believe in Him as personal Lord and Savior”. It is one thing to believe in Him as Savior and it is another thing to believe in Him as Lord. However, He

first becomes Savior to you before Lord. It is to your benefit to know Him both as Savior and Lord.

**Romans 8:2 NKJV**

For the law of the Spirit of life in Christ Jesus has made me free from the law of sin and death.

**Romans 8:2 AMP**

For the law of the Spirit of life [which is] in Christ Jesus [the law of our new being] has set you free from the law of sin and of death.

**NB: John 8:36 NKJV**

If the Son therefore shall **make you free**, ye shall be free indeed.

**... the law...**

- The word law in this case is not referring to the law of Moses. It simply refers to “the power over you.” (Refer the NLT). “And because you belong to him, the power of the life-giving Spirit has freed you from the power of sin that leads to death.” Romans 8:2 NLT.
- The law is spiritual
  - Romans 7:7a AMP - What shall we say then? Is the Law sin? Certainly not!
  - Romans 7:10a AMP - And the *very* commandment which was intended to bring life
  - Romans 7:13a AMP - Did that which is good [the Law],

**... the law of the Spirit of life...**

- The law (the power) of the Spirit of life in Christ Jesus is written by the Spirit Himself on the tablets of our hearts (written on flesh, not stone). And the author of this writing resides within us. His residence began when we accepted Jesus as Savior and Lord.
- This law sets the pace for a new order. No one can function under two sets of contradictory laws. You will either adhere to one or the other. At birth, the law of sin and

death is what reigns in our lives. But when we become born again, we become a new creation and the old law is replaced by the law of the Spirit of life in Christ Jesus.

- The law of sin and death is bondage. You are only made free from what bounds you.
- The law of the Spirit of life is found in Christ Jesus alone and is Christ Jesus.
- The law of the Spirit of life in Christ “makes” free. To be “made free” is different from to be “set free” (You can be physically set free, but mentally still in bondage). The law of the Spirit of life makes free from the law of sin and death.
- The law of the Spirit of life is an antidote for the law of sin and death.
- The law of the Spirit of life is a personal decision.
- The law of the Spirit of life functions both physically and spiritually. Physically in protection and spiritually by faith.
- Christianity is the conscious taking of yourself out of the law of sin and death and placing yourself under the control of the law of the spirit.
- Jesus is the law of life. The law giver is one with me. Galatians 5:18 ESV - But if you are led by the Spirit, you are not under the law.

**... the law of sin and of death...**

- The law of sin and death - The controlling influence of sin, leading to death and condemnation.
- The law of sin and death is bondage. You are only made free from what bounds you.  
Thank God we have been made free indeed.

**03/02/2019**

**Romans 8:3 NKJV**

For what the law could not do in that it was weak through the flesh, God *did* by sending His own Son in the likeness of sinful flesh, on account of sin: He condemned sin in the flesh,

### **Romans 8:3 AMP**

For what the Law could not do [that is, overcome sin and remove its penalty, its power] being weakened by the flesh [man's nature without the Holy Spirit], God did: He sent His own Son in the likeness of sinful man as an offering for sin. And He condemned sin in the flesh [subdued it and overcame it in the person of His own Son],

### **Romans 8:3 NLT**

The **law of Moses** was unable to save us because of the weakness of our sinful nature. So God did what the law could not do. He sent his own Son in a body like the bodies we sinners have. And in that body God declared an end to sin's control over us by giving his Son as a sacrifice for our sins.

- The law of Moses perpetuated sin within us meanwhile sin's control over us was put to an end by the giving of God's son Jesus as a sacrifice for our sins.
- The law of Moses could not overcome sin and remove its penalty, or its power. Jesus subdued and overcame sin.
- Sin (Greek – Harmatia means “miss the mark”). It is impossible for us to fulfil the requirements of the law *by* our sinful nature. We will perpetually miss the mark. The sacrifice of Jesus has freed us from that bondage. Amen.
- Sin orientation leads to a never ending cycle of accusation, guilt, punishment and condemnation.
- Jesus was sent in the likeness of sinful flesh because He could not be a sinner or be sinful. And the reason is because Jesus could only pay a debt (of sin) He did not owe.
- Jesus qualified to condemn sin in the flesh.

### **Romans 8:3-4 NKJV**

3 For what the law could not do in that it was weak through the flesh, God *did* by sending His own Son in the likeness of sinful flesh, on account of sin: He condemned sin in the flesh,

4 that the righteous requirement of the law might be fulfilled in us who do not walk according to the flesh but according to the Spirit.

- Jesus' death on the cross condemned sin in the flesh. That is why He tells us in John 3:17 that He did not come to condemn the world but that the world through Him might be saved. Condemning sin in the flesh is an act of saving us.
- Our acceptance of His death (i.e making Him Savior and Lord) is an act of faith, obedience and love. Faith precedes obedience and obedience precedes love.
- **The righteous requirement of the law is "love".**
- Love as a righteous requirement, and when fulfilled **in us** all the other virtues like faith, obedience, etc. sprout.
- Those who walk by the Spirit are sons of God. A spirit led life is a love walk life. Love for God and His people.

03/03/2019

### **Romans 8:5 NKJV**

For those who live according to the flesh set their minds on the things of the flesh, but those *who live* according to the Spirit, the things of the Spirit.

- Flesh = Flesh (Carnality)
- Spirit = Spirit (Faith)
- Carnality and faith lifestyles are the only two options when it comes to our lifestyle of choice. Let's do well to live in faith.
- Faith can be seen
  - Luke18:8b NKJV - ... Nevertheless, when the Son of Man comes, will He really **find faith** on the earth?" We find only things that can be seen.
  - Mark 2:5a NKJV - When Jesus **saw their** faith,"
  - James 2:18 NKJV - But someone will say, "You have faith, and I have works." **Show me your faith** without your works, and I will show you my faith by my works.

- Allow the power of the Spirit to take dominion over your thought/mind.
- There is a way that we live according to the flesh and “the things of the flesh”. So too there is a way to live according to the Spirit and the “things of the Spirit”. Meaning, you do not only like the person but also like the “things” the person likes.

### **Romans 8:6-8 NKJV**

6 For to be carnally minded *is* death, but to be spiritually minded *is* life and peace.

7 For the carnal mind *is* enmity against God; for it is not subject to the law of God, nor indeed can be.

8 So then, those who are in the flesh cannot please God.

- Carnality = death (physical and spiritual)
- Spirituality = life and peace (eternal life, God’s kind of life and his rest, quietness)
- Pleasing God requires faith (Hebrews 11:6) and if that is the case, He will definitely be displeased with carnality (flesh).
- There is no room for “conflict” for faith and flesh. They are “enemies”. (Philippians 2:10 NLT - that at the name of Jesus every knee should bow, in heaven and on earth and under the earth).
- Living in the Spirit is a prerequisite to living in peace. Amazing!

**03/04/2019**

### **Romans 8:9-11 NKJV**

9 But you are not in the flesh but in the Spirit, if indeed the Spirit of God dwells in you. Now if anyone does not have the Spirit of Christ, he is not His.

10 And if Christ *is* in you, the body *is* dead because of sin, but the Spirit *is* life because of righteousness.

11 But if the Spirit of Him who raised Jesus from the dead dwells in you, He who raised Christ from the dead will also give life to your mortal bodies through His Spirit who dwells in you.

- **I have the Spirit dwelling within me, therefore I am not in the flesh but in the Spirit.**
- **I belong to God because I have the Spirit of Christ dwelling within me.**
- Being in the Spirit is like “a certificate of proof” or an “identity card” of where we belong and whom we belong to.
- The physical body will one day experience death, but the spirit will never die. The Spirit is life because of righteousness.
- Verse 10 is incomplete without verse 11. The presence of the Spirit of Jesus within us benefits both our physical and spiritual wellbeing.
- The life in verse 10 is **zōé**: life, both of physical (present) and of spiritual (particularly future) existence. God’s kind of life (quality and quantity).
- The life in verse 11 is **zōopoieó**: to make alive (different from zoe).
- We have life giving power resident within us.

**03/05/2019**

### **Romans 8:12-13 NKJV**

12 Therefore, brethren, we are debtors—not to the flesh, to live according to the flesh.

13 For if you live according to the flesh you will die; but if by the Spirit you put to death the deeds of the body, you will live.

### **Romans 8:12-13 AMP**

12 So then, brothers and sisters, we have an obligation, but not to our flesh [our human nature, our worldliness, our sinful capacity], to live according to the [impulses of the] flesh [our nature without the Holy Spirit]—

13 for if you are living according to the [impulses of the] flesh, you are going to die. But if [you are living] by the [power of the Holy] Spirit you are *habitually* putting to death the *sinful* deeds of the body, you will [really] live *forever*.

- We give strength to the things we focus on. If you do not feed an emotion, by focusing on it or talking about it, it will eventually lose its grip over you with time.
- We have an obligation – that obligation is to live according to the Spirit, not the flesh. We are therefore, lawful captives of the Life in the Spirit (Lifestyle).
- An easy way to die is to live by the flesh (our nature without the Spirit).
- Impulsive living is carnality, fleshly.

03/06/2019

#### **Romans 8:14-15 NKJV**

For as many as are led by the Spirit of God, these are sons of God.

For you did not receive the spirit of bondage again to fear, but you received the Spirit of adoption by whom we cry out, “Abba, Father.”

- I am led by the Spirit of God and I am a son of God.
- I do not live in fear
- I am not held back by the spirit of bondage which is fear (God’s judgement). I am free in Christ and I live a life of freedom (of sonship-spirit led).

03/07/2019

#### **Romans 8:16-17 NKJV**

The Spirit Himself bears witness with our spirit that we are children of God,

and if children, then heirs—heirs of God and joint heirs with Christ, if indeed we suffer with *Him*, that we may also be glorified together.

- **There are conditions to partaking of the inheritance of which Christ is already a partaker.**
  - Be Spirit led so that you can qualify to be a son (adopted to the family).

**Compiled by TOMS – 03/2019**